

# Soul Matters

Formerly known here at FUUSA as **Small Group Ministry**

Coordinated by John Sherman and Rev. Sam Trumbore

- ◆ Members and friends meet in facilitated small groups once a month to consider a larger Unitarian Universalist theme relevant to their religious values, their lives and the way they live them in the world.
- ◆ The participants receive readings to consider and exercises to practice before the meeting to prepare the conversation.
- ◆ During the meeting people explore how the theme touches their values, lives and actions, hearing responses from others and how they are also touched. The creative interchange of conversation then inspires individual and collective spiritual deepening and personal growth and development.

***If you are interested in participating*** in a group fill out the form and deliver it to the FUUSA office.

Quaker theologian Parker Palmer describes this process as "A circle of trust."

He writes: "It is the kind of carefully created space that invites the soul to make itself known. The kind of space where we can practice the paradox of "being alone together," a space that welcomes our inwardness even as it connects us to the gifts and challenges of community, and to the larger world." (from *A Hidden Wholeness*)