

First Unitarian Universalist Society of Albany

Rite of Passage Program

Mentor Job Description

Basic requirements:

- Meet with the youth one-on-one at least once a month and also meet with the group once a month.
- Attend the Friday evening/Saturday morning overnight session at FUUSA. Date TBA
- Help the youth identify a service project to work on. Volunteer with the youth for one 3 to 4 hr period on the project. This could be creating a project or volunteering in an established program.
- Support the youth with one or more fundraising projects for the program.
- Mentors may accompany the group to the trip to Boston the first weekend in May, but are not required to.
- Attend the Rite of Passage service at FUUSA - date TBA

Support the youth in their goals to

- explore their personal spiritual beliefs and philosophical ideas within the values of Unitarian Universalism by listening without judgment, by making affirming comments and promoting an understanding of our 7 Principles and 6 sources, and by sharing your religious beliefs as appropriate.
- understand the responsibilities and benefits of membership in a UU congregation and practicing UUism as an adult by modeling and discussing participation in activities and attending services at FUUSA.
- helping the youth to articulate their credos, and convey that UU's continue to develop their religious ideas throughout their lives with reflection on life experiences, new ideas and with help from their religious communities.

The role of the mentor includes

- providing an outlet for the mentee to express feelings of accomplishment, frustration or confusion.
- show enthusiasm and stewardship for the Rite of Passage program, FUUSA, and UUism
- be a trusted adult, who is not their parent, in whom the youth can confide freely.